



# PRESS RELEASE

**For Immediate Release**

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## PRESEASON PREVIEW

**Sport:** Men's and Women's Cross Country

**Head Coach:** Brian Herron (6 years)

**Assistant Coach:** Brittney Boerma

**Last Season:** Region 24 Men finished 3<sup>rd</sup> Women finished 3<sup>rd</sup>  
Nationals Men finished 27<sup>th</sup> Women finished 31<sup>st</sup>

**Top Performers:** Men: Jeffrey Wooldrige  
Women: Keara Allen-Wilson; Megan Herrman

**Top Recruits:** Men: Phillipe McNeal (transfer from Joliet Community College); Joseph Levita, Jose Padilla  
Women: Larissa MooBerry

**Coach's Quote:**

*"We had a disappointing year last year and things are looking better as we head into this season. The team has really been pushing each other to get better and we are looking forward to our first meet at Western Illinois on Sept. 3<sup>rd</sup>."*

**Roster:**

Name	High School	Location
Owens, Joshua	Liberty	Baylis, IL
Wooldridge, Jeffrey	Jersey	Bunkehill, IL
Padilla, Jose	Steinmetz	Chicago, IL
Johanson, Jordan	United Township	East Moline, IL
Levita, Joseph	Kaneland	Elburn, IL
Coleman III, Winston	Gadsden	Gadsden, AL
Williams, Richard	Gadsden HS	Gadsden, AL
Clowers, Blake	Pittsfield HS	Pittsfield, IL
McNeal, Phillipe	Romeoville	Romeoville, IL
Allen-Wilson, Keara	Bloom	Chicago Heights, IL
Holmes, Shatyra	Morgan Park	Chicago, IL
Thomson, Emily	Rock Island Alleman	East Moline, IL
Cross, Susana	Alleman	East Moline, Illinois
Avery, Tayler	Kaneland	Elburn, IL
MooBerry, Larissa	Eureka	Eureka, IL
Herrman, Megan	Havana	Havana, IL
Teplitz-Crawford, Amber	Normal Community	Normal, IL
Tharp, Shanna	Pittsfield	Pittsfield, IL
Williams, Katherine	St. Charles East	St. Charles, IL
Williams, Rene		Birmingham, England

Lloyd, Troy	T.F. South	Lansing, IL
Rains, Jodi	Waubonsie Valley	Naperville, IL
Teague, Brittanie	Proviso East	Forest Park, IL

**Fall Schedule:**

Date	Opponent	Location	Time/Results
9/03/2010	WIU	Spring Lake - Macomb, IL	5:00 PM
9/11/2010	NIU	Anderson Field - DeKalb, IL	11:15 AM
9/17/2010	ISU	ISU Golf Course - Bloomington, IL	4:00 PM
9/24/2010	Augustana	Credit Island - Davenport, IA	5:00 PM
10/16/2010	Sauk Valley	Sauk Valley Campus - Dixon, IL	10:30 AM
10/29/2010	Regional 24	Winter Park - Danville, IL	4:00 PM
11/13/2010	NJCAA Nationals	Spartanburg, SC	TBA